



## go for a walk with Charlotte Mecklenburg Library.

Spending a lot of time inside your home and looking for a way to get out and explore?

Get a healthy dose of sunshine and exercise by going on an adventurous color walk you're your home. Take a journey around your yard, a nearby park or your neighborhood. Remember social distancing is important – be sure to keep the recommended minimum distance of 6 feet away from anyone you might share this activity with and refrain from gathering in groups over 10.

Participating in the walk solo? Don't go at it alone! Consider extending a remote invitation for a family member or friend to join you. Use one of many conferencing or video chat applications on your phone to see what you can find along the way – together. Creative times call for creative measures!

### What's a color walk?

A color walk is a casual, easy stroll where you pick a specific color to hunt for on your route. Let's say you choose the color green. While you're walking, you'll point out all the green things you see along the way: blooming trees, recycling bins or, maybe, a garden hose or frisbee in a neighbor's yard. Are you ready for the challenge?

### Share with us

Remember, we're all in this together and the Charlotte Mecklenburg Library would love to be a part of your walk on April 11, 2020. If you choose to film this activity and what you discover along the way, please be sure to post the videos to social media, tag @cmlibrary and use the hashtags **#icanwithCML** and **#CMLinlivingcolor** so we can share your adventures with others!

**Need help picking a color?** We can assist with that, too. Here's our "In Living Color" color palette, inspired by the Library's unifying mosaic. Happy walking!

### "In Living Color" Color Palette

